

FOURTH DAY

Newsletter

Great River Walk to Emmaus

How are YOU serving as Christ's hands & feet?

There is quite a bit going on behind the scenes within your Emmaus community! Fourth Day, your Spring newsletter, is intended to welcome our latest pilgrims, reviewing our winter/spring walk; and bring our community up to date on ways to serve as we approach our summer/fall walks.

We are a community God has blessed with a variety of talents. Whatever your talent - whatever you enjoy doing - there is something you can offer. Keep in mind that volunteering is not a life sentence! There are countless ways to serve that have a definite beginning and end - and you can see your results!

2 Corinthians 9:7 Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.

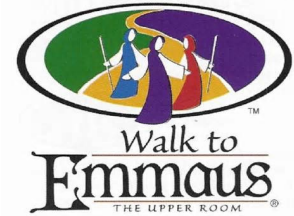
Please PRAY and cheerfully VOLUNTEER! Jesus' words in Matthew 9:37-38 ring true today: "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into His harvest." Your Emmaus community needs you to share your gifts!

See page 3 for a variety of ways you can serve. It is easy to think someone else will help and we are not really needed. That is not the case. Our monthly Updates have contained pleas for help that are still not answered.

Please do not wait for someone else. Christ is counting on YOU - just as you are counting on HIM.

Judy Hays
Community Lay Director

REMINDER: GRE Board meetings are open to our community. We meet the 4th Monday at 6:30 at Madison Park Church/The Commons.



Newsletter Date

Spring 2023

Inside this issue:

Upcoming Walks	2
Ways to serve	3
Walk #32 Report & photo	4-5
Ministry Manager or First Timers	6
Reunion Groups (please help update!)	7
Sponsor Form	8
Candidate Application	9
Clergy Team Service Commitment	10
GRE Board Application	11

Please ask your Reunion Group members and Emmaus friends to ensure they received the newsletter. If not, it can be sent to them by contacting GreatRiverEmmaus@gmail.com

Jerusalem about threescore furlongs. 14And they talked together of all these things which had happened. 15And i came to pass, that, while they communed together and reasoned, Jesus himself drew near, and went with them. 16But the eyes were holden that they should not know him. Luke 24:13-16

UPCOMING WALKS!

Our Summer/Fall Prep and Walk Weekends will be held at LaMoine Christian Service Camp in rural Tennessee/Carthage.

Prep weekend - August 11-13th

Men's Walk #33 - August 24-27

Women's Walk #34 - September 7-10

Our Winter/Spring walks are currently scheduled for Quincy University (QU) on the following dates: Men's Walk #35 - February 22-25 and Women's Walk #36 - March 14-17

Your board is contemplating two topics, and would like your input:

- 1) Weekend deadlines. Should the deadline be moved prior to Prep Weekend to ensure we have enough pilgrims before investing the time and money to train?
- 2) Should prep change from a full weekend to multiple team meetings? It is sometime difficult for team members to give up the entire weekend - especially clergy and lay speakers who are needed in the pulpit Sunday.

Lay Directors for walks #33 & #34 are Craig Dennison and Dana Reid. Please hold them in prayer as they call the Lord's teams. And, if you are called, please return the call! Whether the answer is "yes" or "not now", it is important they know so they can continue the calling process.

Craig and Dana each have a Bible verse guiding them. Their verses focus on what they can do to serve the Lord.

Craig's is Micah 6:8 - He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and love mercy and to walk humbly with your God.

Dana's verse is Gallatins 6:2 - Carry each other's burdens, and in this way you will fulfill the love of Christ.

Please be in prayer for the upcoming Walks and consider:

- who can you sponsor?
- how can you serve behind the scenes, enhancing pilgrims' experiences:
 - in the Agape Chapel?
 - baking desserts?
 - serving food?
 - making agape?
 - showing up for weekend events?
 - setting up/tearing down after the weekends?
- ... the list is endless ~ so find something you enjoy and volunteer!

Please contact a board member or email GreatRiverEmmaus@gmail.com to serve as Christ's hands and feet!

Christ is Counting on YOU! How has God called you to serve?

No one is called to do EVERYTHING - but we are all called to do SOMETHING.

Current opportunities include:

- Sponsor pilgrims! Do not wait until the deadline! Sponsor NOW.
- We currently have 1 candidate each for the men's & women's walks.
- Help pour a concrete sidewalk at LaMoine (contact Craig Dennison)
- Share your musical skills - whether vocal or instrumental (contact Kathy Hull)
- Personally reach out to GRE community members to update their contact information
- Write grants to help with GRE special projects
- Serve as lay speaker/pulpit supply (contact Jim Dewey)
- Share Emmaus experience at local churches to raise awareness (contact Jim Dewey)

Walk Weekend chairs are listed below - contact them to volunteer - or email GreatRiverEmmaus@gmail.com

Also, watch Facebook and GRE emails for links to volunteer in the Agape chapel.

Your GRE Board

Name	Committees	Phone	Email
Alberts, Cheryl	Historian & Supplies/Storeroom & Workroom	573-795-6908	clalberts517@hotmail.com
Alberts, Mike CSD	Candlelight/Sponsor's Hour	573-248-7657	mcalberts@rallstech.net
Dennison, Craig	Logistics	217-242-2157	cdennison09@gmail.com
Dewey, Jim	Communications & Supplies/Storeroom	573-231-8347	jimbacca74@yahoo.com
Hays, Judy	Community/Walk Training/Upper Room Liaison	217-242-0122	hays89@comcast.net
Helen McFarland (C)	Agape Chapel	573-231-2391	helenmcf95@yahoo.com
Herman, Lisa	Agape Chapel & Team Selection/Support Crew	252-318-2013	bibosmom63@gmail.com
Hull, Jack	Fundraising & Agape Chapel	217.473.5151	jackcyhull@yahoo.com
Hull, Kathy	Music & Team Selection/Support Crew	217.430.7645	khull1982@outlook.com
Jenkins, Connie (C)	Kitchen & 4th Day Chair	217-430-7564	cjenkins@casscomm.com
Johnson, Diane	Communications	217-779-6811	terdi1521@mail.com
Lemons, Tom (C)	4th Day Chair & Communications	573-248-4349	jlemons@nemonet.com
Malin, Tobey	Logistics & Supplies/Storeroom & Workroom	217-291-5331	tobiasmalin1@gmail.com
Nancy Miller	Kitchen & Supplies/Storeroom	573-795-3296	roynancy.miller@yahoo.com
Reid, Ed	Kitchen & Team Selection/Support Crew	573.248.6270	edreid73@icloud.com
Vonderheide, Chris	Registrar & Logistics & Workroom	217-257-0845	kvcv1990@gmail.com

Walk#32 Submitted by Lay Director Cheryl Alberts

DeColores! Happy 4th Day!

Where to begin! The Great River Emmaus Walk #32 was nothing I ever envisioned the walk to be like. When I said "YES" to being the lay director, I knew who would say yes and who I wouldn't ask. Let me tell you, I was quickly humbled by God. He let know from the very beginning that this walk and team was in His hands, and He was in control. I know many of you heard Mike say over the weekend that this was completely out of my comfort zone. He was correct. I am not a leader. I am not comfortable in that role. I like to be in the background and be a quiet servant. I quickly learned that the harder I tried to be in charge, God kept telling me to be His quiet servant, I'll put it together and My light will shine. Of course, I still had to try and have my way.

On Thursday when I entered the Retreat Center, I was overwhelmed with the questions, but the one thing that truly helped me was all the hugs, and everyone telling me "You've got this!" I found comfort in the Agape chapel as that was where I found peace and strength. Being a part of the anointing for those that weren't anointed during prep gave me the presence of mind that I needed and the ability to focus and let go and let God.

As the weekend unfolded, I watched from the back table the pilgrims and the team members change. I watched the Holy Spirit like I have never seen before. It truly was an amazing experience. The Means of Grace talk affected me like it has never touched my heart, which I believe the Holy Spirit was truly at work in me. All weekend I felt I needed to be doing more, but in the end and listening to the pilgrims sharing at Closing, I believe I fulfilled exactly what I was supposed to do. Be God's servant, in the background, and serve him faithfully, by surrendering everything to His control and His hands.

I was amazingly blessed by a fantastic team through their servanthood and grace. I was humbled by God's Grace and what He did for me during this walk. I thank you all for entrusting Walk # 32 to my servant service. I am forever changed.

Your Faithful Servant,

Cheryl



Especially meaningful to me as I prepared for the walk was this picture of The Lion and The Lamb. In the book of Revelations, the Lion of Judah represents Jesus. Jesus has authority in Heaven and on earth. The Word of God is a loud roar that drives the enemy away when it is spoken with faith and confidence.

Like a lamb, God's love is precious and pure, soft and makes you want to cuddle in it. As much as we can be a lion in the name of Jesus, we can love with authority and love in His name.

Roar like a lion and love like a lamb, and you will be a good imitator of the One who loves us unconditionally and who died for you & me.

Walk #32 Submitted by Board Rep Candy Moore

The tables seemed to quickly bond, and the pilgrims were engaged from the beginning. Walk #32 went smoothly for the most part - of course there are always snags & snares, but Christ prevailed. Closing said it all as each woman shared how she was impacted. They left feeling loved and knowing they have much to do as Christ's hands and feet.

To God be the glory!

Candy



GREAT RIVER EMMAUS WOMEN'S WALK #32

March 16-19, 2023

ROW #1: **Sonja Walkup**, Barb Edwards, Claudia Davis, Candy Moore, Cheryl Alberts, Mary Jean Sheets, Maggie Ambrose, Jen Dougherty.

ROW #2: Brent Clair, Gayle Pope, **Keely Wheeler**, Barbara Bruns, **Dee Cook**, Dawn Williams, **Linda Kennington**, Peggy Burton, **Roberta Anderson**, Judith Wells.

ROW #3: Amanda Barlow, Millie Kirkpatrick, Marilyn Stivers, **Lorraine Wickman**, **Trista Crabtree**, Jarrett Wells. Claudia McCain.

ROW #4: Nancy Gourley, Jessica Phelps, **Melinda Brown**, Dina Spencer, **Stephanie Denny**, **Missy Dearwester**, **Erica Mitchell**.

ROW #5: **Cheyenne Pence Holder**, **Kristin Tyler**, Kristin Marlin, Susie Lee, **LaVon Inman**, **Jeanne Clayton**, Johanna Wilkerson, Leann Walters

Pilgrims are denoted in **BOLD** print.

MINISTRY MANAGER for FIRST TIMERS!

Great River Emmaus (GRE)

Ministry Manager is not only a database of GRE members, it is a tool available to all Emmaus communities to assist as we do ministry. The following information is provided to help you with logging in.

To Log In: Go to ministrymanager.upperroom.org

- Select “log in”
- Use the email address you provided during your most recent walk then
- Enter password

* **If this is your first time logging in**, or if it does not accept your password, click “forgot password”. You will receive an email with further instructions to set (or reset) your password. Contact our Data Administrator, Claudia McCain, at cmccain47@yahoo.com should you have problems.

Account Information: Once you’ve logged in, you can update your contact information by selecting the “My Account” icon, the icon of the little person in the upper right-hand corner of the page. Once you’re in “My Account”, you can also change your password by selecting “Change Account Info” and following the prompts. Be sure to “save” any changes made.

Email Preferences: While in “My Account”, you can set, change, or update your email preferences by scrolling across the menu that appears below your name to “Email Preferences” and follow the prompts. Again, be sure to “save” any changes made.

Explore Ministry Manager: Most will find the site fairly intuitive, especially if you are comfortable navigating the internet. At the top of every page, you will find the main menu which includes Home, Members, Communities, Churches and Events.

As a community we are still learning how to use the site, and many find the “Members” and “Communities” links to be most helpful.

- Click on “Members” to search the database for GRE community members.
- Click on “Communities” then scroll down and select “Great River Emmaus”. There you will find the links to “Walks” and “Board Room” to be most informative.
- **Be sure you check “My Community”** so that you receive any information and updates sent within the GRE community.

FAQ: At the very bottom of every page, you will find a link to FAQ, Frequently Asked Questions. By selecting the FAQ link, you will find a list of Training Videos to help you further navigate the site. These are excellent!

GREAT RIVER WALK TO EMMAUS (GRE) REUNION GROUPS

Open to new participants

Please try out one or more of these groups as part of your "4th" day – or, start a new group!

March 2023

Quincy

Mixed Group. Tuesday 7 p.m. Steve and Patty Bunch residence, 5026 Sunview Dr. 217-257-8312. Please call the Bunch home number first to verify reunion group schedule.

Interesting in joining a newly forming Reunion Group? Contact Connie Jenkins 217-430-7564.

Macomb

Men. Tuesday 6:45 a.m. at the Old Dairy. Men of Heart, Honor, Examine, Asking, Requesting Help, And Thanking God. Contact Mike Coplan, mikecoplan@gmail.com

Women. Tuesday (1st and 3rd) at 3:30. Contact Kathy Wyatt 309-456-3759.

White Hall

Men. Wednesday 7 p.m. First Christian Church. Contact David Schutz 217-473-4376.

Women. Wednesday (1st & 3rd) 7 p.m. First Christian Church. Contact Sheryl Vinyard 217-473-4289.

LaGrange

Men. Thursday 8 p.m. Ed Reid's Shop. 31369 Hwy V. Contact Ed Reid 573-248-6270.

Hannibal

Mixed group Saturday, 8:30 a.m. Java Jive. Contact Jim Dewey 573-231-8347 jimbacca74@yahoo.com

Mendon

Men. Tuesday 6:30. Contact Craig Dennison 217-242-2157

Or, you may begin your own reunion group!

If you know of other groups that accept new participants or have corrections to the above, please contact Tom Lemons at JLemons@nemonet.com or 573-248-4349. (Voice or text).

GREAT RIVERS EMMAUS SPONSORS FORM

Husband and wife applications should be submitted at the same time. Any exceptions will be at the discretion of the Registrar, Community Spiritual Director, and/or Community Lay Director.

Return to: GRERegistrar@yahoo.com

Chris Vonderheide, 1800 Horseshoe Drive, Quincy IL 62305 Phone or text 217-257-0845

To be completed by sponsor _____ Quincy Great River Application Date _____

(Duplicate as needed)

Circle Below Where Applicable

Sponsor's Name _____ Address _____

City: _____ State: _____ Zip Code: _____

Home Phone: () _____ Cell Phone: () _____

Name of church now attending: _____

Do you attend regularly? Yes No When did you make your Emmaus/Cursillo/Chrysalis Walk? _____

Where: _____ Emmaus/Cursillo/Chrysalis Number _____

Have you been a sponsor before? Yes No If yes, when: _____

Are you now in a weekly Reunion Group? Yes No Are you praying and sacrificing for your candidate? Yes No

Candidate's Name _____

Why do you feel this person would be a good Candidate? _____

Does the Candidate have the physical, emotional & mental health needed for an Emmaus weekend? Yes No

Is your Candidate under any temporary emotional strain that might indicate their weekend would/should be postponed? Yes No

Is your Candidate married? Yes No If so, do they both plan on attending Walk to Emmaus? Yes No

If both not attending, why: _____

Will you bring your Candidate to the Emmaus site on Thursday Night? Yes No Or, someone else will? Yes No

Can you care for the needs of your candidate's spouse/family over the weekend? Yes No

Are you aware of the importance of minimal or no contact with the candidate during the weekend, especially if the candidate is your spouse? Yes No

Does your candidate need a scholarship from the Great River Emmaus? Yes No If yes, why are you requesting a \$75.00 scholarship? (total cost of the weekend is \$150.00) _____

Are you willing to assist your candidate in getting into a Weekly Reunion Group? Yes No

Sponsor's Signature _____ Email _____

A deposit is optional and will be applied to the total cost of \$150.00. Optional Deposit paid _____

-----THIS APPLICATION WILL BE HELD IN STRICT CONFIDENTIALITY -----

GREAT RIVER EMMAUS CANDIDATE APPLICATION/REGISTRATION

Husband and wife applications should be submitted at the same time. Any exceptions will be at the discretion of the Registrar, Community Spiritual Director, and/or Community Lay Director.

Deposit Received (optional): _____

Return to your sponsor or GRE Registrar: GRERegistrar@yahoo.com or mail to Chris Vonderheide, 1800 Horseshoe Drive, Quincy IL 62305. Text or call 217-257-0845

TO BE COMPLETED BY CANDIDATE:

Name: _____ Address: _____

City: _____ State _____ Zip Code _____ Email _____

Phone: _____ Name preferred on Nametag: _____

Your Age: _____ Married Divorced Separated Single Widowed (Circle One)

If married, spouse's name: _____

Will they attend an Emmaus Walk? Yes No (Circle one) Submit applications at the same time

Has your spouse ever attended? Emmaus Chrysalis Cursillo Yes No (Circle One)

Sponsor Name _____ Sponsor Phone _____

Sponsor Email _____

Emergency Contact Name _____

Emergency Contact Phone Number _____

Candidate Occupation: _____

Church now attending: _____ Pastor's Name _____

In what religious or community organizations are you active? _____

Has the Walk to Emmaus been explained to you? Yes No (Circle One)

Have weekly reunions and other Emmaus follow-up meetings been explained? Yes No (Circle One)

Do you have dietary restrictions/allergies? Yes No If yes, please explain so meals can be planned:

Do you take time sensitive medication? Yes No If yes, please list Medication Name(s) and Time(s) so you can be reminded: _____

Do you have a health issues or physical handicap that may affect participation on an EmmausWeekend?

Yes No If yes, please specify: _____ (Wheelchair, Oxygen, etc.)

State briefly why you wish to be involved in the Emmaus Community and what you expect from it:

Candidate Signature _____ Date: _____

All of the above information is necessary for your proper placement in a Walk to Emmaus. Please fill in all the blanks. A deposit is optional, and if paid will be applied to your total cost of \$150.00 (this fee partially offsets the expenses of the weekend). Checks should be payable to: Great River Emmaus or GRE Talk to your sponsor regarding a partial scholarship, if needed. Requests must be made to the Registrar prior to the scheduled weekend.

Please return this form to your Sponsor so he/she can submit to the Registrar.

~~~~~THIS FORM WILL BE HELD IN STRICT CONFIDENTIALITY~~~~~



Great River Emmaus

[www.greatriveremmaus.org](http://www.greatriveremmaus.org)

## CLERGY TEAM SERVICE COMMITMENT

The Great Rivers Emmaus Team Selection Committee needs your help in determining those who desire to serve on a team.

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone (    ) \_\_\_\_\_

Work Phone (    ) \_\_\_\_\_

Please complete the form and return to: Mike Alberts  
Mcalberts@rallstech.net  
573-248-7657

I made my first: Cursillo # \_\_\_\_\_ Walk# \_\_\_\_\_ in (City, State) \_\_\_\_\_

I have already served as Clergy on a:  Walk  Cursillo  Chrysalis

Grace Talk Names and Walk Numbers:

\_\_\_\_\_  
\_\_\_\_\_

Where did you serve? \_\_\_\_\_

I desire to serve on a team in: Winter/Spring \_\_\_\_\_ Summer /Fall \_\_\_\_\_ Either: \_\_\_\_\_

\_\_\_\_ I've included additional comments/information on the back of this form.

(You may duplicate this form as needed)

**Christ Is Counting You!**

**APPLICATION FOR GREAT RIVER WALK TO EMMAUS (GRE) BOARD**  
**Due on or before September 30.**

Each board member serves a 3-year term, starting in January following the election. The GRE Board meets once a month, usually the 4th Monday evening of the month. Board members are to attend all meetings; and are allowed to miss two, giving advance notification.

Board members serve on an ongoing committee and participate in a Walk Weekend committee. Details regarding committees will be explained to newly elected board members.

To be eligible to be a board member, you must have given two talks on Walk Weekends, and must have both conference room and background volunteer experience.

Circle One:    Lay Board Applicant            Clergy Board Applicant

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Church \_\_\_\_\_

Walk Talks Given \_\_\_\_\_

Behind the scenes Walk or Community Service \_\_\_\_\_

Brief Biography & Summary of why you would be a good board member: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

---

Please submit your information to Judy Hays at [Hays89@comcast.net](mailto:Hays89@comcast.net). Texting 217-242-0122 to ensure your application was received will be helpful.

**Applications must be received by September 30.**